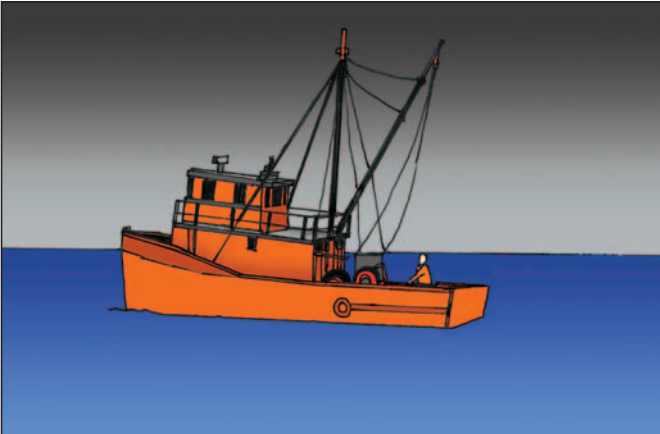


9

One Man Operations



This section covers what sole operators should do when working alone at sea.

If you are alone on a fishing vessel you must be prepared for emergencies. You will have even less time to think and then respond to whatever emergency occurs.



Action Points

- Never go out to sea if the weather is forecast to get worse.
- Always tell someone ashore your trip plan.
- Always keep a watch on the weather and get the forecasts regularly.
- If the weather is getting worse head to shelter in plenty of time.
- Have a regular Radio Schedule with a shore base and other vessels. Call them regularly and arrange for them to call the vessel if they have not heard from you.
- Give the vessel's general location each time you make radio contact.
- When working on deck, make sure you have a floatation device on. Invest in one that you can wear comfortably all the time as you move between the deck and wheelhouse.
- While on deck use a safety or arrestor line.
- Get and use electronic devices available that automatically shut the main engine down if you fall in the water
- Use equipment (hoists, winches etc) as much as possible to preserve your strength.
- Be extremely careful when working with equipment over the side of the vessel. Consider how likely you are to lose your footing and what the consequences would be if you did.

